



Heart Walk®

# Welcome to the 2016 Southern New England Heart Walk PROVIDENCE

## Event Schedule:

### 7:00 a.m. Heart Walk Festivities!

- Top Walker Breakfast (7:00 a.m.)
- Lifestyle Change Award Presentation (7:20 a.m.)
- Fit Friendly Company Award (7:30 a.m.)
- Hospital Cup Presentation (7:45 a.m.)
- Company Photos (see schedule)
- Hands Only CPR Demos
- Healthy Snacks and Subway Sandwiches
- Health Screenings with Life's Simple 7
- Little Heart Hero Capes
- Red and White Survivor Caps
- Selfie Station (#ProvHeartWalk)
- Take Action - You're the Cure Advocacy
- Tribute Wall
- Visit iHeart Radio and NBC10 WJAR

### 8:00 a.m. Opening Ceremonies

### 8:30 a.m. Walk Begins

### 10:00 a.m. Kids Heart Challenge **(PLEASE REGISTER!)**

### 10:00 a.m. Lunch & Heart Walk Festivities

### 11:00 a.m. Event Concludes



*Kids ages 5-12 can participate in the half-mile obstacle course, sponsored by CVS Health.*

NOTE: All Kids Heart Challenge Participants Must Complete Waiver at Registration.

## Kids Zone Activities:

Stop by the Kids Zone for bubble time, kids tattoos, balloon animals, and heart-healthy, kid-friendly fun.

**Children of all ages welcome.**

## CALLING ALL SURVIVORS!



Join us at the Stage during Opening Ceremonies for the **Survivor Cap Wave!**



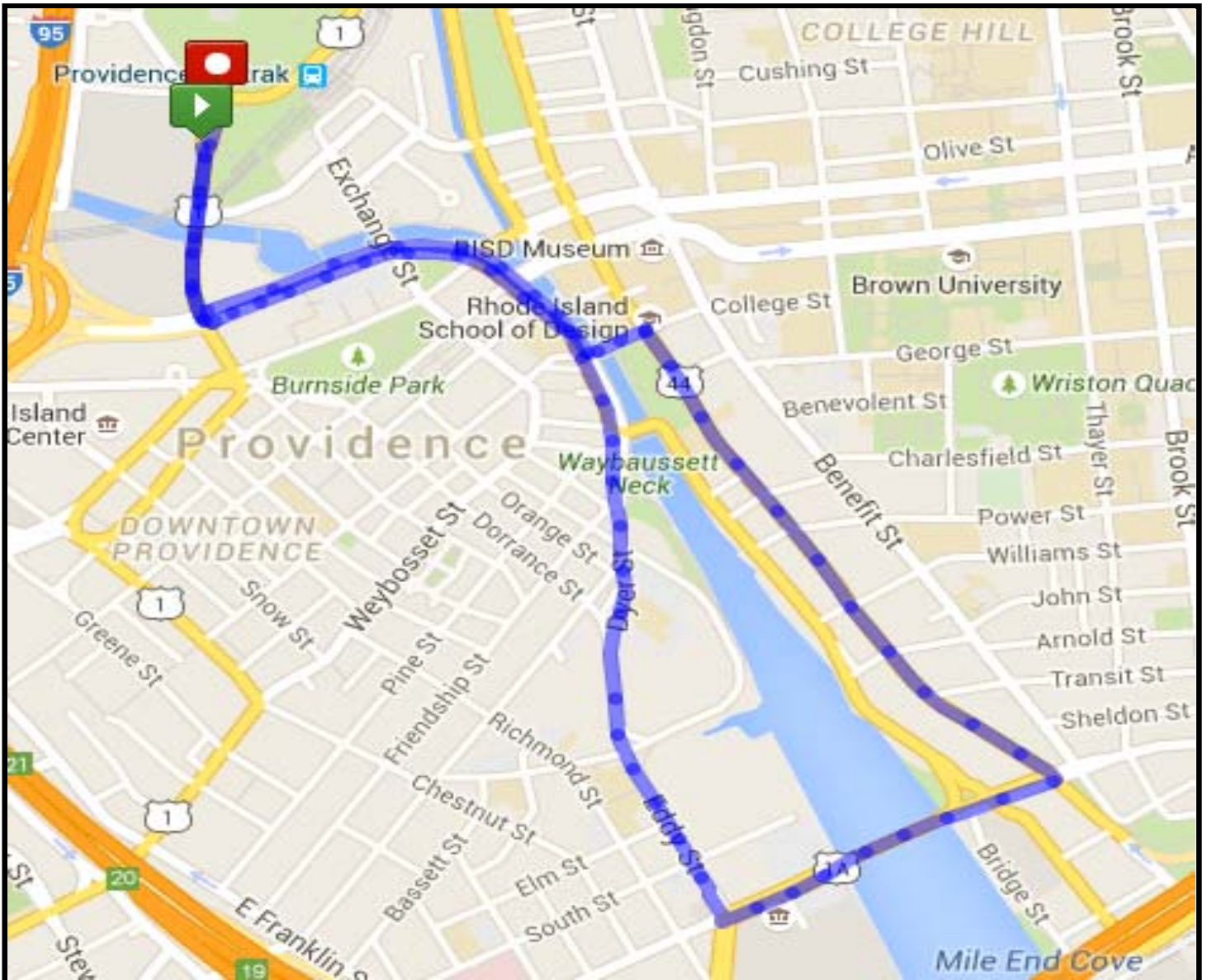
Why do you walk? Connect with us and share your reason! Life is why!

#ProvHeartWalk

@SNEHeart

www.sneheartwalk.org

# Heart Walk Route Map



1. Start on Francis Street heading South
2. Turn left on Memorial Blvd in the Eastbound lanes
3. Memorial becomes Dyer
4. Dyer becomes Eddy
5. Turn left onto Point Street (over bridge in westbound lane)
6. Turn left on S Main Street staying left of cones
7. Turn left on College Street
8. Turn right onto Memorial Blvd in westbound lanes
9. Turn right onto Francis to finish line

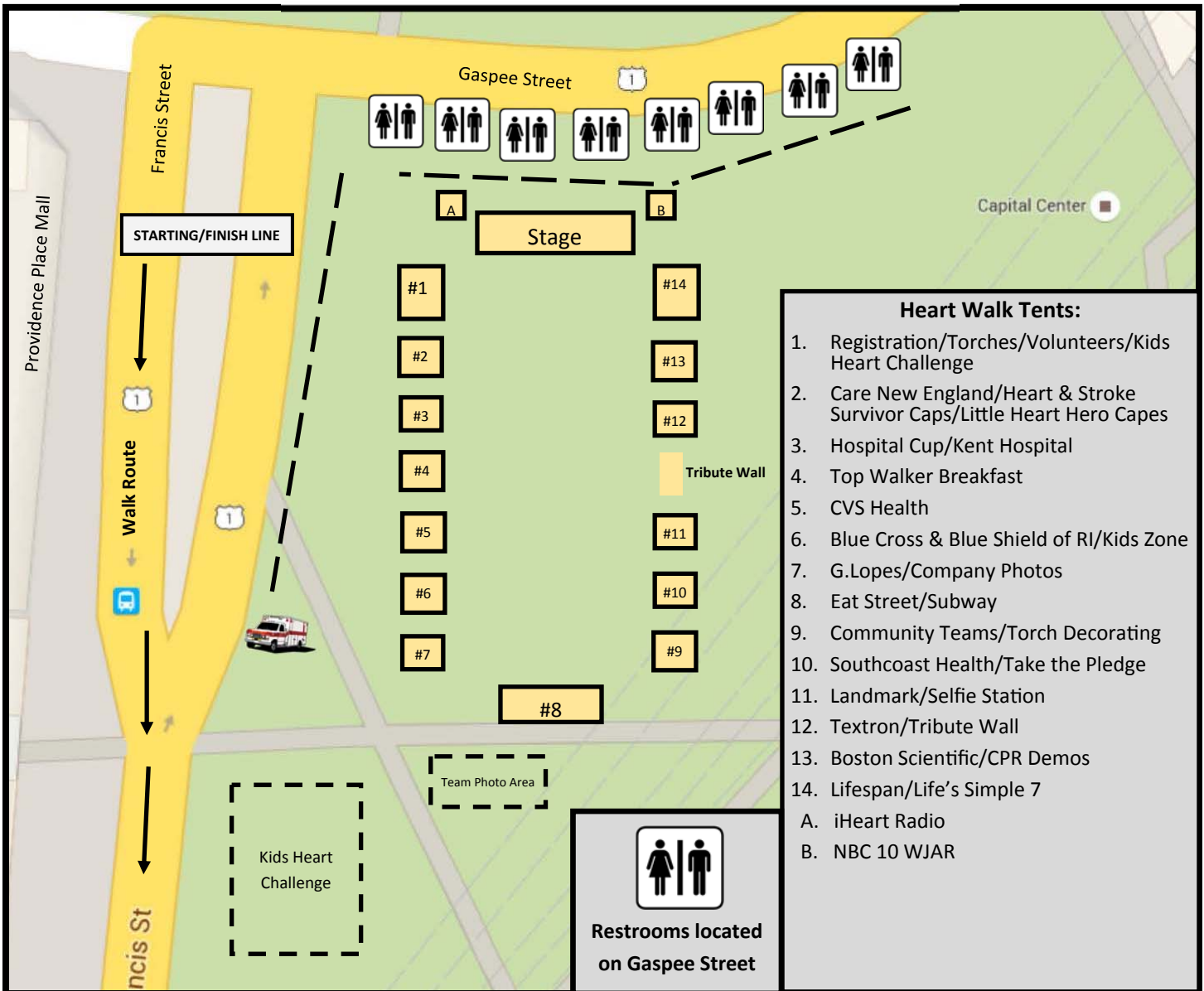
## Heart and Stroke Survivor Route

1. Start on Francis Street heading South
2. Turn left on Memorial Blvd in the Eastbound lanes
3. Continue until you reach College Street
4. Turnaround and head back on Memorial Boulevard
5. Turn Right onto Exchange Street
6. Turn Left onto Finance Way
7. Continue to the Finish Line

Sponsored By:



# Heart Walk Festivities



**DON'T FORGET TO  
TURN IN YOUR  
DONATIONS AT  
REGISTRATION!!!**



## Red "Heart" & White "Stroke" Torches

\$10 Minimum Donation  
at Registration Tent  
(cash/check/credit card)

**Decoration Station in the  
Community Teams Tent!**





Heart Walk®

# Thank you to our 2016 Sponsors!

Nationally Sponsored by

Locally Sponsored by



UnitedHealthcare/Optum

## Day of Event Sponsors:

- Centreville Bank
- Citizens Bank
- Clafin
- Dodge Associates



## Friends of Heart:

- Vicente Photography
- CVS Health
- Pawtucket Red Sox
- Stop & Shop

Donate at [www.sneheartwalk.org](http://www.sneheartwalk.org)!

Contact us at 401-228-2325 or [Amanda.Komorek@heart.org](mailto:Amanda.Komorek@heart.org)